

Cold Sandwiches

Served on white, rye, fresh Kaiser roll, whole wheat or pita

- *Roasted Beef**\$7.95
- Roasted Turkey Breast**\$7.95
- Virginia Ham**.....\$7.95
- Pastrami** \$8.25
- B.L.T.**..... \$8.25



Fabulous Club Sandwiches

Served on white, rye, whole wheat or pita
All club sandwiches served with lettuce and tomato

- Grilled Chicken Breast Club** \$9.95
- Turkey Bacon Club.**\$9
- Chicken Salad/Bacon Club.**..... \$9.50
- Tuna/Cheese/Bacon Club**\$9
- Virginia Ham/Swiss Club.**\$9
- B.L.T. Club** \$8.75



Riders

Served with lettuce and tomato

- Tuna Salad Tabbouleh**\$9.75
- Tabbouleh Veggie Pita**..... \$7.25
- Turkey Tabbouleh** \$9.95
- Chicken Salad Tabbouleh** \$9.95

add tax to all menu items

Specialty Subs

- *All American** \$11.25
Roast Beef, Turkey, Ham, Salami, American Cheese, Lettuce & Tomato on a Hero
- The Italian** \$11.25
Ham Cappy, Geona Salami, Pepperoni, Provolone, lettuce, tomato, onions & Italian spices on a Hero
- *Park Avenue** \$11.25
Roast beef, turkey, Virginia ham, cheese, lettuce, tomato on a Hero
- Ham it Down** \$11.25
Baked Virginia Ham, melted cheese, lettuce & tomato on a Hero
- Turkey Classic** \$11.50
Turkey, melted cheese, bacon, lettuce & tomato on a Hero
- The New Yorker**\$ 11.50
Chicken Cutlet, Melted Mozzarella, bacon, lettuce & tomato on a Hero
- Long Island Hot Dog** \$5.50
Served w/ coleslaw and mustard
- Steak in a Sack**.....\$10.50
Sliced steak, cheese, grilled peppers & onions on pita
- Grilled Chicken**.....\$ 11.25
Marinated Chicken Cutlet, lettuce & tomato on a Hero
- Chicken Parmigiana**\$ 11.25
Baked Chicken Cutlet, Melted Mozzarella and tomato sauce on a Hero
- Meatballs Parmigiana**\$ 11.50
Meatballs, melted Mozzarella on a garlic Hero
- Weekend in Philly** \$11.50
Rib eye steak, cooper's sharp, onions, sweet peppers & mayo on a hero



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Salad Sandwiches

Served on white, rye, whole wheat or pita, Kaiser roll w/lettuce & tomato

- Egg Salad** \$6.50
- Chicken Salad** \$8.75
- Seafood Salad** \$7.25
- Tuna Salad**\$7.95

Salad Plates

- Grilled Chicken Ceaser Salad.** \$11.50
- Tuna Salad Platter** \$11.50
- Chicken Salad Platter** \$11.50
- Greek Salad**\$10.25
- Chef Salad**..... \$11.25
- Tossed Salad Platter**\$7.75



Salad Combo

- Any 3 Pasta Salads**.....\$8.25
- 2 Pastas and your choice of 1 Salad...** \$9.95
- 1 Pastas and your choice of 2 Salads** \$10.95
(Tuna, Chicken, Seafood)

Daily Selection varies so please call ahead



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Breakfast

Grit Bowl.....\$6.95

Egg, Cheese & choice of meat

Breakfast Burrito\$8.50

2 Egg, Cheese and choice of meat

Breakfast Selections

Ham, Egg & Cheese Toast.....\$6.50

Bacon, Egg & Cheese Toast.....\$6.50

Sausage, Egg & Cheese on Toast.....\$6.50

English Muffin w/Egg & Cheese.....\$5.75

English Muffin w/Egg Choice of Meat & Cheese..\$6.95

One-Egg, Choice of Meat & Chesse Pita.....\$6.95

Two-Egg, Choice of Meat & Chesse Pita.....\$7.95

Grit Bowl w/ Egg, Choice of Meat & Cheese\$6.95

Breakfast Burrito 2-Egg, Choice of Meat & Cheese ..\$8.50

Soups

Cup\$3.95

Bowl\$4.95

On The Light Side

Buttered Bagel..... \$3.50

Bagel with Cream Cheese... \$4.25

English Muffin & Jelly\$3.25

B.L.T. Toast..... \$7.50

Cup of Grits \$2.95

Bowl of Grits.....\$3.95

Extras

Ham, Sausage, or Bacon \$3.00

Cheese..... \$0.95

Bread choices: White, Wheat & Rye or Multi-grain

Beverages

20 OZ.....\$2.95 32 OZ.....\$3.95

We have a huge assortment of fresh homemade
muffins, cookies and brownies

Call for Daily Specials

*Consumption of undercooked meat
may increase the risk of food borne illness



Breakfast & Lunch

(904) 791-3336

245 Riverside Ave # 195, Jacksonville, FL 32202